



# MDL BASIC PROTOCOL

**Reset Your Body, Reclaim Your Energy**

Feeling the symptoms of burnout? It might not be you—it's the toxins slowing you down. Pollution, heavy metals, and chemicals silently accumulate over time, causing fatigue, brain fog, poor sleep quality, anxiety and inflammation. Saunas, cold plunges, and diets only scratch the surface. The only way to remove all of these toxins is through Therapeutic Plasma Exchange (TPE). Even with one session of MDL Basic PlasmaXchange, you can revitalize your health and take a proactive step toward a better, healthier you!



## WHY DETOXIFICATION IS ESSENTIAL

Everyday life exposes your body to a continuous stream of environmental toxins. Pollutants, chemicals, and heavy metals accumulate from the air you breathe, the food you eat, and the water you drink. Over time, these toxins burden your system, leading to inflammation, fatigue, brain fog, a weakened and confused immune system, and other health challenges.

Your body's natural detox mechanisms can become overwhelmed, causing these harmful substances to persist and hinder optimal health and healing. Symptoms like reduced energy, poor focus, and slow recovery times may be signs that your body needs a reset.

At MDLifespan, we offer a proactive solution with our **MDL Basic PlasmaXchange** protocol. This program removes toxins, reduces inflammation, and revitalizes your health, giving your body the fresh start it needs.



# WHAT IS PLASMAXCHANGE?

Therapeutic plasma exchange (TPE) is a safe, minimally invasive procedure designed to remove harmful toxins and inflammatory compounds from your body. Think of it as a physical "reset" —like an oil change to help your system run more efficiently and effectively.

At MDLifespan, we elevate the benefits of TPE by integrating personalized recommendations and advanced nutrient support tailored to your unique needs.



“In my three decades clinical work in environmental toxicology, I have not seen detoxification data this compelling.”

**Lyn Patrick ND**, American Academy of Environmental Medicine

## TOP BENEFITS:

- ✓ **Boost in Energy**  
Many clients experience an immediate surge of vitality, feeling refreshed and invigorated.
- ✓ **Enhanced Mental Clarity**  
Improve focus, memory, and concentration for a more productive daily life.
- ✓ **Reduced Inflammation**  
Lower chronic inflammation to support improved immune function and long-term wellness.
- ✓ **Improved Organ Function**  
Help your body's systems work more effectively by reducing the toxic burden.
- ✓ **Optimized Cellular Function**  
Begin repairing tissues, restoring balance, and calming inflammatory responses with a cleaner bloodstream.



# THE MDLIFESPAN DIFFERENCE

MDLifespan is the only physician-led brand dedicated exclusively to toxin removal and regenerative wellness. Our expertise makes all the difference:

- **100+ years of combined medical experience** with experts who train and lead in the field of toxin elimination and personalized medicine.
- **A team of certified physicians** specializing in early detection of toxin burden and long-term cardiovascular strategies.
- Over **300 successful TPE procedures** performed in the past year.
- Backed by **Morsani College of Medicine** at the University of South Florida through their TPE Personalized Medicine Program.
- **Personalized progress tracking** and data analysis through the MDLifespan app.
- **Patent-provisioned protocols**
- Highly trained and certified RNs and physicians
- We are solely dedicated to TPE services.

## TAKE ACTION NOW

Are you ready to reset your health and revitalize your body? The MDL Basic PlasmaXchange protocol is a powerful, simple, and effective investment in your long-term wellness.



**Schedule your free 30-minute physician consultation today** to find out how this protocol can support your health journey.



**MDLIFESPAN**

**MDLifespan.com**

**Giving Life More Moments**

Printed March 2025

