



# MDL BRAIN PROTOCOL

**Take Control of Your Cognitive Health**

**Your mind is your greatest asset. Protect it from injury and dementia caused by toxins, chronic inflammation, and oxidative stress with the MDL Brain PlasmaXchange protocol—a proactive approach to safeguarding your brain health and vitality.**



## **WHY BRAIN HEALTH IS AT RISK**

If you have ever lost someone to Alzheimer's or dementia, the fear of cognitive decline as you age feels overwhelming. The link between these conditions, inflammation, and environmental toxins is well documented.

Every day, your body is exposed to toxins from polluted air, food, and water. Over time, these toxins accumulate in your blood, body, and your brain. Microplastics, PFAS and environmental toxins are the major sources of chronic inflammation, oxidative damage, and impaired brain function. Symptoms such as brain fog, memory loss, and mood changes may be warning signs of these hidden threats.

At MDLifespan, we have developed a solution that goes beyond just managing symptoms. Our MDL Brain PlasmaXchange protocol targets the root causes—removing toxins, reducing inflammation, and promoting brain resilience.

## WHAT IS PLASMAXCHANGE?

Therapeutic plasma exchange (TPE) is a safe, minimally invasive procedure that removes toxins and inflammatory proteins from your bloodstream. Think of it as a “reset” for your body—like changing the oil in a car engine. Once toxins are cleared, your body’s natural healing processes are restored.

At MDLifespan, we enhance the TPE process with advanced nutrient support, diagnostics, and regenerative therapies to maximize the benefits to your brain.

“As a leading neurologist, this MDL BRAIN protocol has the potential to be a game changer for patients with cognitive decline.”

**Syed Asad, MD,**

Universal Neurological Care  
Board-certified in Neurology by the American Board of psychiatry and neurology

Board-certified in Brain Injury Medicine by the American Board of psychiatry and neurology

Board-certified in Nuclear Medicine by the American Board of Nuclear Medicine



## TOP BENEFITS:

- Sharper focus and improved memory
- Reduced brain fog and increased alertness
- Enhanced mood and emotional well-being
- Lower inflammation and toxin levels
- Increased energy and vitality

**See measurable improvements in key health biomarkers—including brain function and inflammation.**

## THE MDLIFESPAN DIFFERENCE

**MDLifespan is the only physician-led brand dedicated exclusively to toxin removal and regenerative wellness. Our expertise makes all the difference:**

- **100+ years of combined medical experience** with experts who train and lead in the field of toxin elimination and personalized medicine.
- **A team of certified physicians** specializing in early detection of toxin burden and long-term cardiovascular strategies.
- Over **300 successful TPE procedures** performed in the past year.
- Backed by **Morsani College of Medicine** at the University of South Florida through their TPE Personalized Medicine Program.
- **Personalized progress tracking** and data analysis through the MDLifespan app.
- **Patent-provisioned protocols**
- Highly trained and certified RNs and physicians
- We are solely dedicated to TPE services.

## TAKE ACTION NOW

Don't wait for symptoms to worsen. The longer toxins or inflammation remain unchecked, the greater the risk to your cognitive health. The MDL Brain PlasmaXchange protocol offers a comprehensive, proactive solution designed to protect your brain for the long term.



**Schedule your free 30-minute  
physician consultation to  
find out if this protocol is right for you.**



**MDLIFESPAN**

**MDLifespan.com**

**Giving Life More Moments**