



# MDL HEART PROTOCOL

## Take Control of Your Heart Health

Your heart is the engine of your body. Protect it from damage by toxins, chronic inflammation, and oxidative stress with the MDL Heart PlasmaXchange protocol.



### WHY CARDIOVASCULAR HEALTH IS AT RISK

Heart disease remains the leading causes of death globally. If you've experienced the concern of being diagnosed with coronary heart disease or the loss of a loved one to cardiovascular complications, you understand how vital it is to take measures to protect your heart. The connection between cardiovascular disease, inflammation, and environmental toxins is becoming increasingly clear.

Every day, toxins from polluted air, food, and water accumulate in your body. **Microplastics, PFAS, and heavy metals are major contributors to chronic inflammation and arterial damage.** Over time, these hidden threats can lead to conditions like atherosclerosis, heart attacks, and strokes. Symptoms such as fatigue, poor circulation, and high cholesterol may indicate these underlying risks.

At MDLifespan, we've developed a comprehensive solution. Our **MDL Heart PlasmaXchange** protocol targets these root causes by removing harmful toxins, reducing inflammation, and promoting optimal cardiovascular health.

# WHAT IS PLASMAXCHANGE?

Therapeutic plasma exchange (TPE) is a safe, minimally invasive procedure that effectively removes toxins and inflammatory proteins from your bloodstream. Think of it as a “reset” for your circulatory system—**like flushing out old fluids to restore efficiency, much like an oil change for your body.** This process supports improved circulation and heart function by clearing out harmful substances.

At MDLifespan, we enhance the TPE process with advanced nutrient support, regenerative therapies, and personalized diagnostics to maximize benefits for your heart.

“*Toxins are a known cause of inflammation and removing all the toxins from the body is absolutely in the best benefit of your heart.*”

**Michael Davidson MD**

Cardiologist, Professor, Director of  
the Lipid Clinic

The University of Chicago Pritzker  
School of Medicine.



## TOP BENEFITS:

- ✓ Better cholesterol management
- ✓ Decreased systemic inflammation and vascular damage
- ✓ Improved blood flow and oxygen delivery to organs
- ✓ Toxin removal, including microplastics and heavy metals
- ✓ Enhanced energy and stamina for an active lifestyle

**See measurable improvements in cardiovascular biomarkers, inflammation levels, and arterial health.**

## THE MDLIFESPAN DIFFERENCE

MDLifespan is the only physician-led brand dedicated exclusively to toxin removal and regenerative wellness. Our expertise makes all the difference:

- **100+ years of combined medical experience** with experts who train and lead in the field of toxin elimination and personalized medicine.
- **A team of certified physicians** specializing in early detection of toxin burden and long-term cardiovascular strategies.
- Over **300 successful TPE procedures** performed in the past year.
- Backed by **Morsani College of Medicine** at the University of South Florida through their TPE Personalized Medicine Program.
- **Personalized progress tracking** and data analysis through the MDLifespan app.
- **Patent-provisioned protocols**
- Highly trained and certified RNs and physicians
- We are solely dedicated to TPE services.



## TAKE ACTION NOW

Don't wait for symptoms to worsen. The longer toxins and inflammation remain unchecked, the greater the risk to your heart. You can take control of your health today. The MDL Heart PlasmaXchange protocol offers a comprehensive, non-invasive solution designed to protect and restore your cardiovascular system.



### Schedule your free 30-minute physician consultation

today to learn more about how this protocol can support your heart health.



## MDLIFESPAN

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Giving Life More Moments