



MDL MOLD PROTOCOL

Break Free From Mold Toxicity

Dr. Jill's MDLifespan Mold Protocol offers a **proactive, physician-led detoxification approach** designed to remove mold toxins stored deep in your body. By reducing toxic burden, lowering inflammation, and restoring immune balance, this protocol provides relief and resilience for those struggling with hidden mold exposure.



WHY DETOXIFICATION MATTERS FOR MOLD

Everyday mold exposure introduces stealth toxins (mycotoxins) into your system. These toxins accumulate in fat, brain, and immune tissues where they may:

- ✓ Trigger fatigue, brain fog, or mood swings
- ✓ Disrupt hormones and immune balance
- ✓ Cause sinus congestion or breathing problems
- ✓ Intensify symptoms in certain environments

Your body's natural detox systems can't keep up. Dr. Jill's Mold Advanced TPE Protocol offers a breakthrough solution to clear stored mold toxins and restore balance.

ADVANCED SERIAL
THERAPEUTIC PLASMA EXCHANGE

WHAT IS ADVANCED TPE?

Therapeutic Plasma Exchange (TPE) is a minimally invasive procedure that filters toxins, inflammatory proteins, and autoantibodies from the bloodstream—removing immune stressors and restoring balance. It's like an "oil change" for the body.

At MDLifespan we enhance the impact of TPE with:

- ✓ Personalized mold diagnostics
- ✓ **Dr. Jill's MDL Clean™** nutrient formula for detox support
- ✓ Targeted nutrient IVs post-procedure
- ✓ Optional regenerative therapies (Mold Plus)
- ✓ Optional proprietary GLP-1 add-on may help release mold toxins stored in fat cells

“This isn't just better—it's transformative. We're finally offering real relief to the mold-toxic population.”

Dr. Paul Savage,
Founder of MDLifespan



KEY BENEFITS

- ✓ **90% Mold Toxin Removal**
Clear stored mold toxins from fat, brain, and immune tissues
- ✓ **Immune Balance**
Rebuild immune strength and resilience
- ✓ **Reduced Inflammation**
Calm hypersensitivity and chronic inflammatory responses
- ✓ **More Energy & Focus**
Support cognitive clarity and daily vitality
- ✓ **Cellular Healing Support**
Strengthen detox pathways and repair mechanisms

MDL MOLD PROTOCOL RESULTS IN UP TO:

- 100%** Decrease in Toxic Metals
- 95%** Improvement in Health Biomarkers
- 90%** Reduction of Stored Mold Toxins
- 90%** Decrease in Microplastics
- 80%** Strengthening of Immune System
- 80%** Reduction in Chronic Inflammation

ABOUT DR. JILL



Dr. Jill Carnahan is a family physician and internationally recognized expert on mold toxicity. Known for her pioneering work in environmental health, she has partnered with MDLifespan to co-develop the MDL Mold protocol—an innovative, physician-led solution for patients exposed to mold and mycotoxins.

TAKE THE FIRST STEP TOWARD MOLD RECOVERY

You don't have to live in survival mode. Mold toxicity can drain energy, cloud your mind, and disrupt every system in your body. Dr. Jill's MDLifespan Mold Protocol gives you a science-backed path to recovery and long-term wellness.

**Don't wait until symptoms take over—
take action now.**



**Schedule your free physician
consultation today** to learn
how this protocol can support
your journey to relief and
resilience.



MDLIFESPAN

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Just Say No To Toxins